



14th Annual Canada Day Cup Super Challenge powered by TRUE
June 28 – June 30, 2025
TOURNAMENT RULES AND REGULATIONS

Playing Rules

1. The playing rules will be pursuant and in accordance with the rules set forth by the rules governing hockey by Hockey Canada. Rules, regulations and a Code of Discipline shall apply to all teams. The Code of Discipline referred to is that which is used during the sanctioned season within Ottawa, however no affiliation exists between officials or disciplinary decisions with any sanctioned hockey bodies.
2. Neck guards & Mouth guards: Players are required to wear neck guards & mouth guards for all tournament games if they are required to in their home zones.
3. Full body checking is permitted at the 2011 divisions, while hybrid checking is permitted at the 2012 D1 and D2 divisions. Hybrid checking is defined as that which is designed to separate a player from the puck and is not designed to intimidate. E.g. finishing an angling play with a hard body check IS permitted while stepping up to hit a player in open ice while travelling in the opposite direction is NOT.
4. Game Length:
Periods and running times to be used:
 - i) 2018 (U7): 3 x 10-minute stop-time periods
 - ii) 2017 (U8), 2016 (U9), 2015 (U10), & 2014 (U11): 3 x 12-minute stop-time periods
 - iii) 2013 (U12), 2012 (U13), & 2011 (U14): 2 x 12 & 1 x 15-minute stop-time periods
 - ii) Curfew Clocks: Please note the tournament coordinator has the right to implement a curfew clock at any time as they see fit in the event of a tournament delay or otherwise slowly played game.
 - a. If, at the beginning of the third period or at any time during the third period, a team is ahead by five or more goals, straight running time shall commence on the game clock. If the goal differential is seven goals at any time during the first or second period, running time shall also commence. If at any point the margin is reduced to two goals or less, stop-time play shall resume. This rule is in effect for all games including round robin, playoffs, and championship games.
5. Time-Outs: One (1) thirty (30) second time out will be permitted in **ALL** games (round-robin & playoff).
6. Overtime: Overtime will only be played in playoff and championship games if regulation time produces a tie. Overtime shall consist of:
 - a. One sudden-death 5-Minute stop-time period with teams playing three (3) skaters plus a goaltender.
 - b. If still tied a shootout with 3 skaters from each team. The coach of each team will provide the game officials with the list of these three players immediately following the

final overtime period. The team that scores the most goals with these three skaters will be declared the winner. The HOME team will have the option of shooting first or last. Once the order is determined, it will remain the same for all future rounds of shootout. A player from one team will go, followed by a player from the other team, and so on until all 3 designated players have shot. If a player is serving a penalty which is carrying over from regulation or overtime, they are ineligible to shoot until all other players on their team have shot.

- c. If still tied a sudden-death shootout with one player from each team. Each shooter must not have participated in any prior round of the shootout.
 - d. Repeat point c. until no skater remains that has yet to participate. At this point, the shootout will continue in reverse order, starting with the player who has most recently shot. Teams will continuously work up and down their list of shooters until a winner has been declared.
7. Round Robin Standings: Standings will be based on points: two (2) points for a win, one (1) point for a tie, and zero (0) points for a loss.
 8. Goal Differential: The MAX goal differential a team can obtain in a single game is 7 GF (Goals For). EX: If a game results in a score of 10-2, the score applied to the standings will be 9-2. If the score is 10-0, the score will result in a 7-0 final.
 9. Tie-Breaker, Round Robin: If tied in points, standings (seedings) will be determined based on the following order:
 - a. The head to head result involving the teams tied (two way ties, or if one team has beaten all others they are tied with).
 - b. The team with the most wins in round robin play.
 - c. The highest ratio of goals for divided by goals for plus goals against $[GF/(GF + GA)]$
 - d. The team with the lowest number of penalty minutes accumulated in round robin play
 - e. The team with the lowest number of goals against
 - f. The team with the most goals for
 - g. Coin toss by the tournament coordinator or a designated representative.

Note: in the event that three or more teams are tied, there will be no reverting back to a previous tie-breaking step as each seed is determined. Should two of three teams still be tied after a tie breaker, those two teams will continue down the list of tie breakers, and the single team will either be eliminated (if they fell below the other two teams) or be skipped above (if they stood above the other two teams).

10. Playoff Format: Is as per the schedule which will be posted on-line at www.sensplex.ca approximately 10 days in advance of the tournament.
11. Game Misconduct Penalties: Any player or team official receiving a game misconduct penalty will be penalized at a MINIMUM according to the code of discipline but may be penalized further by the tournament. This will involve at least a ONE-GAME suspension for all Game Misconducts.
12. Gross Misconduct Penalties: Any player or team official receiving a gross misconduct penalty will be penalized at a MINIMUM according to the code of discipline but may be penalized further by the tournament. This will involve at minimum a TWO-GAME suspension.
13. Fighting & Match Penalties: Any player receiving a penalty for Fighting or a Match Penalty for intent to injure will automatically be suspended for the **remainder** of the tournament.
14. Suspensions: Any player/coach/team official who receives a penalty that is considered to be a suspendible offence (M, GM, GRM, MP, etc.) will be required to serve the entire duration of such suspension during the course of the tournament. Should this suspension not be entirely served by the end of the tournament, the suspension(s) will carry over to other Sensplex Tournaments and possibly other spring tournaments.
15. Any player who receives three (3) stick-infraction penalties (cross-checking, high sticking, butt-ending, slashing, spearing) in the same game will receive an automatic game ejection.
16. For playoff and championship games, the home team will be the team with the highest seeding after the round robin portion in the tournament.

General and Administration Rules

1. **ZERO Tolerance: Taunting or berating of any players, officials, staff, or tournament volunteers will NOT be tolerated under any circumstances by parents, players, team officials or other spectators. The Sensplex reserves the right to eject any person whom it deems in its sole discretion to be acting in an improper manner and we accept no liability in connection with such ejections.**
2. Jersey Colours: "Home" teams will wear their light coloured jerseys and "Away" teams will wear their dark coloured jerseys. In the event of a jersey conflict, either team may be required to change sweaters at the discretion of the tournament committee. Teams are required to have a light and dark set of jerseys. Any variance in player numbers must be indicated on game sheet and communicated to timekeepers before each game.
3. Player Eligibility:
 - a. No player may be added to a team's roster after the first game. All tournament players must be listed on each team's first game sheet, which shall become their final tournament roster. The maximum roster size is 17 skaters + 2 goaltenders. A player must have played in one round-robin game to be eligible for the playoffs.
 - i. *NOTE: Exception to this rule is if a team sustains multiple injuries whereby their roster size falls below eight (8) skaters and one (1) goaltender. Player additions MUST be approved and signed off by the Tournament Manager prior to the teams' next game. Failure to do so MAY result in forfeiture of game(s).*
 - b. A player may register with and play on one (1) team only in each division. Players may play on more than one team if the teams are in different divisions.
 - c. A player must have played in at least one round-robin game to be eligible for playoff rounds.
 - d. Should a team be eliminated from further play, players are ineligible to be picked up by other teams for the playoffs and/or championship games.
 - e. Birth certificates and/or a photocopy of the official birth certificate must be available at all times upon request. Failure to produce such proof of age may result in the player being ruled ineligible to play.
 - f. Any teams using illegal players may be removed from the tournament with a loss of entry fees. It is the manager's responsibility to submit a list and be able to prove the eligibility of all his/her players.
4. Referee's Decisions: All referee's decisions are final and may not be appealed.
5. Protests: All protests must be accompanied by a \$200.00 deposit that will be returned only if your protest is successful. A protest will only be heard if it is brought to the attention of the Tournament Manager or their delegate within fifteen (15) minutes of completion of the game in question. A hearing and ruling will be completed prior to the team's next scheduled game. All decisions made by the Tournament Committee are final and MUST be respected. In the event of a lost protest, the fee will be donated to the Ottawa Senators charity foundation.

6. In the event of a suspended game by way of forfeiture or forfeit, the score shall be recorded as zero for the loser and three (3-0), or the greater margin of victory at the time of the forfeiture, for the winner.
 - a. Should a team who previously forfeited a game during the tournament be in contention for a playoff spot, that spot will be automatically forfeited should it come down to a tiebreaker whereby the goal ratio becomes the deciding factor.
7. Scheduled Game times are approximate. TEAMS MUST BE PREPARED TO START THEIR GAMES NO LESS THAN 15 MINUTES BEFORE THEIR SCHEDULED START TIME. Teams not prepared to start at least 15 minutes ahead of their scheduled time, may receive a delay of game penalty or forfeit their game at the discretion of the tournament committee.
8. Check In: One (1) team representative must check-in to the registration desk, no less than 45 minutes before the teams' first scheduled game. He or she will be required to fill out a tournament check-in form. The team representative will then be required to check-in at tournament headquarters before each game.
9. Team officials are responsible for the conduct and supervision of all of their team's participants at all times. No shooting, stick-handling, or passing of any objects is permitted anywhere in the facility other than the ice surfaces! All team warm-ups MUST be supervised by a Team Official.
10. Team management MUST notify tournament or arena staff of any pre-existing damage to dressing rooms BEFORE they go onto the ice for their games. Teams will be held financially responsible for any damage caused to rooms which have not been pointed out before their game.
11. Teams may be ejected from tournament play if they are found to be responsible for damage to tournament facilities (including host hotels) or unacceptable dressing room conditions.
12. No alcoholic beverages or "tailgating" is permitted on ANY Sensplex property.
13. Team Benches & Dressing Rooms: Teams may be required to provide a person to operate the penalty gate. No one, other than players, coaches and trainers are allowed in the dressing rooms and the hallways leading to the dressing rooms before and after games. A maximum of four coaches and one trainer are permitted.
14. Team Warm-Ups: Note that due to concerns with the safety of their patrons, the Sensplex facilities do not permit 'running' in public areas of their facility.
15. Teams should also read and understand the building rules and regulations that can be found posted in the front lobby of the Sensplex
16. Sensplex Tournaments reserves the right to change or alter these rules at any time without prior notice in order to act in the best interests of the tournament.