

# MICRO U4-U8 GAME EDUCATOR GUIDE



## **PARENT EDUCATOR/ANIMATOR/COACH:**

- Arrive 10 mins early the scheduled start time with equipment.
- Animate a warm-up of 10 minutes before the match. Can be just dribbling with movement.
- Ensure the smooth running of the game and let the children have fun without tactical instructions. There are no set positions.
- A game leader should be on the field helping guide the children during the game to help them understand the basic rules of the game.
- Manage player changes to ensure equal playing time and allow them all to try all positions.
- Coaches can attend Saturday/Sunday practices to gain experience and ask questions of the Club's technical staff.

**PLAYERS:** Take pleasure in playing by discovering the practice of soccer.

**PARENTS:** Stay off the field to allow the child to enjoy his play area independently.

**In case of rain, thunderstorms, extreme heat, etc.**

**Please check the city field status website to verify if the fields have been closed:**

**<https://parcs.ddo.qc.ca/en/etatinstallations/Sports/ete>**



AGE CATEGORY	U4-U5-U6	U7-U8
GAME FORMAT	4V4 (3V3 if low numbers permit)	4V4 + 1 goalie (GK rotates)
PLAYING TIME	4 X 10 min	
GOALIE RELEASE		no drop kick are allowed, throws or ground passes only
BALL OUT OF BOUNDS	ball can be dribbled or passed back into play	
BALL SIZE	3	3 or 4
RETREAT LINE	At midfield	
CORNER	ball can be dribbled or passed back into play	
REFEREE	No referee = no free kick and penalties	

