



AGREEMENT TO THE COACH'S CODES OF ETHIC

Extract of the book of the administrative regulations of Hockey Quebec 2024-2025

Name of the Team: _____

Division: _____

Class: _____

M.H.A. _____

Article 10.4 of Hockey Quebec's Administrative Regulations provides that each coach must read and sign the «Official's Code of Ethics». Failure to respect or abide by an obligation in said Code of Ethics could lead to a sanction.

The coach must first and foremost be aware of the importance of his role and the great influence he has on the participants and on people around him. He (She) prioritize the interests and well-being of his participants under his authority rather than the results. He (She) needs to focus more on the well-being and interests of the participants rather than on their results. He should not consider sport and leisure but as a tool for education and development. In this sense, to accomplish his task successfully, the coach undertakes to:

1. Physical safety and health of the participants

- A. Ensure that training, competition, or activity facilities are safe at all times.
- B. Be prepared to respond quickly and appropriately in case of an emergency
- C. Avoid putting participants in situations that present unnecessary risks or that are not suited to their level.
- D. Seek to preserve the health, safety, integrity, and well-being, present or future, of participants.
- E. Obtain parental consent to drive a minor participant to or from practice, competition, or an activity.

2. Coaching in a responsible way

- A. Avoid situations that may affect the objectivity, impartiality or integrity of the coaching duties.
- B. Use the authority associated with his position wisely and make decisions that are in the best interests of participants.
- C. Promote the development of the participants' self-esteem.
- D. Avoid taking personal advantage of a situation or decision.
- E. Knowing your limits in terms of knowledge and skills when it is time to make decisions, give instructions or act.
- F. Honor the commitments, the word given, and the objectives on which there was agreement. Maintain the confidentiality and privacy of personal information and use it appropriately, if applicable.
- G. Use social networks, the Internet, and other electronic media in an ethical and respectful manner towards colleagues, coaches, and managers, not to use it to provoke the opponent or another member.
- H. Abstain from any consumption of alcohol or drugs during the execution of duties and make players aware of the problems related to the use of these products as well as doping in sports.
- I. Ensure that everyone is treated with the same respect, dignity and consideration (i.e. without discrimination).

3. Integrity in relationships

- A. Commit to behave in accordance with the Federation's Integrity Protection Policy.
- B. The coach must read the guidelines offered on the site <https://www.sportbienetre.ca/>.
 - Ensure that participants understand that abuse, harassment, neglect, violence or any inappropriate behavior is never tolerated, and make participants aware of the tools available to report and/or or denounce such behavior, if they are victims or witnesses.
 - Report without delay to a person in a position of authority any act of this order committed against another person or in his own regard.

- C. All activities should be planned so that a coach is never alone in a closed private location with a participant, or someone involved in the community. This location can be real (a room, a bedroom, lockers, a car) or virtual (message system, social networks).

In particular:

- Electronic communications between a participant and a coach must include the participant's parents if participant is under the age of 18.
- Group e-mail must be preferred to private messages.
- The coach must request the presence of another adult when a participant visits his office or his room.
- The coach must not drive participants under the age of 18 to or from an activity (practice, party, competition, or other) without their parents' consent. He must get parental consent for any exceptional case.
- During trips involving a stay, the coach makes sure that the chaperones stay in a room next to the participants rooms.
- The coach must limit visits in the hotel rooms to same-sex visitors.
- The coach must ensure that the room checks are done by trained adults and preferably mixed pairs.

4. Respect

- A. Ensure that everyone is treated equally, regardless of age, ancestry, color, race, citizenship, ethnic origin, place of origin, language, creed, religion, athletic potential, disability, family status, marital status, gender identity, gender, expression, sex ou sexual orientation.
- B. Preserve the dignity of each person when interacting with others.
- C. Comply with applicable principles, rules or policies.

5. Sports Honor

- A. Strictly observe and enforce all regulations.
- B. Wanting to compete with an opponent fairly.
- C. Maintain dignity in all circumstances and exercise self-control.
- D. Respect the officials and accept their decisions without doubting their integrity.

By signing this Coaching Code of Ethics,

- A. I certify that I have read this document and that I understand the obligations attached to it.
- B. I agree to abide by the Coaching Code of Ethics and accept that any breach thereof could result in a sanction.



I have signed the Coaching Code of Ethics freely and with full knowledge.

Name of the Coach (print)

Name of parent/tutor/ legal guardian (print)
If participant is minor or cannot legally give consent

Signature of the Coach

Signature of parent/tutor/legal guardian

Place / Date: _____